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Remember to Rest

Spring is busy! We held an inspiring yet intense Nehemiah Action on April 15, and we're now gearing up for

an exciting Celebration on May 20th, which will serve as the introduction to our investment season. All the while, you have shown up at School Board meetings, talked with your organizers to debrief the Action, scheduled and participated in your post-action team meetings, and taken time to reflect and process the happenings with your network members, providing valuable insights and support.

Community organizing isn't just busy work; it can also be tiring work. Tackling issues as important as education and environmental justice requires a lot of emotional investment. Without exaggeration, these are, in fact, matters of life or death.

How, then, are we prioritizing rest? Rest is crucial. It refuels you and gives you the necessary energy to do this work. Rest is so important, in fact, that God did it (according to the biblical recording of the creation story). It is essential to continue the work of building a just, fair, and equitable community, but we must balance the fight for justice while also prioritizing self-care. Care for yourself, so that you can effectively care for others and contribute to our ongoing efforts.

Taking time to rest and recharge is not a sign of weakness or lack of commitment. Instead, it is a necessary step in ensuring that we can sustainably pursue our goals and create lasting change. Think of a boxer between the rounds of a fight. The people in the corner massage the arms, rub salve on the wounds, whisper encouraging words in the ear, and give them tips for their next round. And when the bell rings, the fighter returns rejuvenated and ready for the next round.

So, as we move forward, let us find a balance between our dedication to the cause and our need for rest and renewal. Let the coming weeks be a time of reflection, processing our season's wins and next steps while also balancing emotional restructuring and re-grounding. Take walks, hang out with family and friends, pray, meditate, and do something you enjoy. Come to the Celebration revitalized and ready to celebrate our wins and build this network for the next round of the fight for Justice.

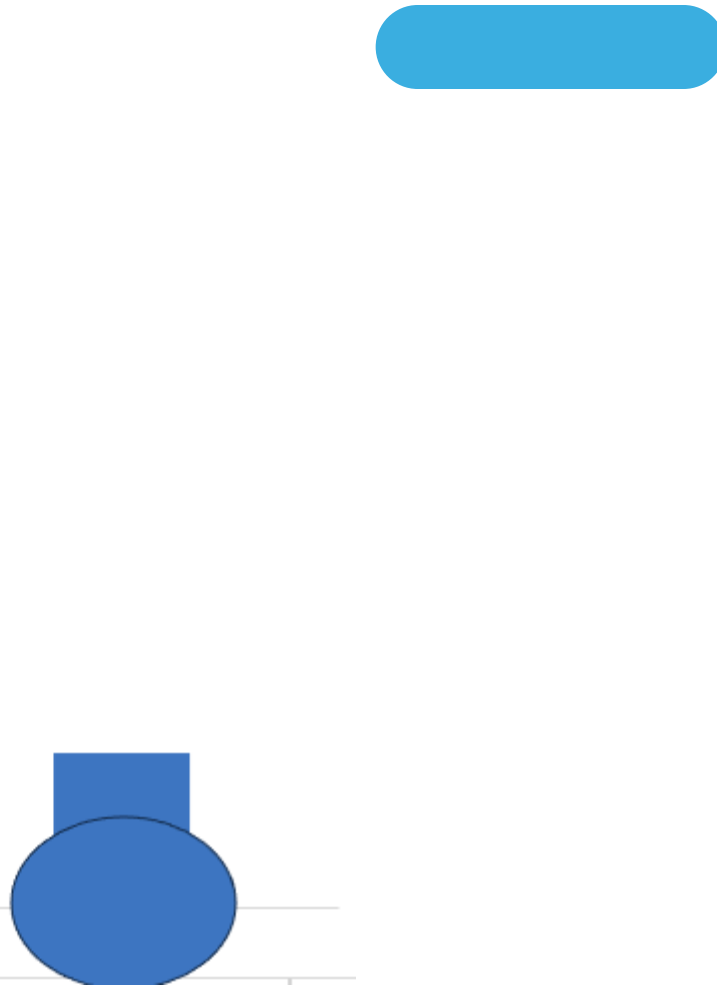
Investment Update

In 2024, we've raised \$47,778 in Congregational Investments. Thank you for your contributions.

[Click here to invest](#)

Total Congregational Investments

\$250,000
\$200,000
\$150,000
\$100,000
\$50,000
\$0



Upcoming CAJM events and Research Visits

Save The Date

CAJM Annual Celebration

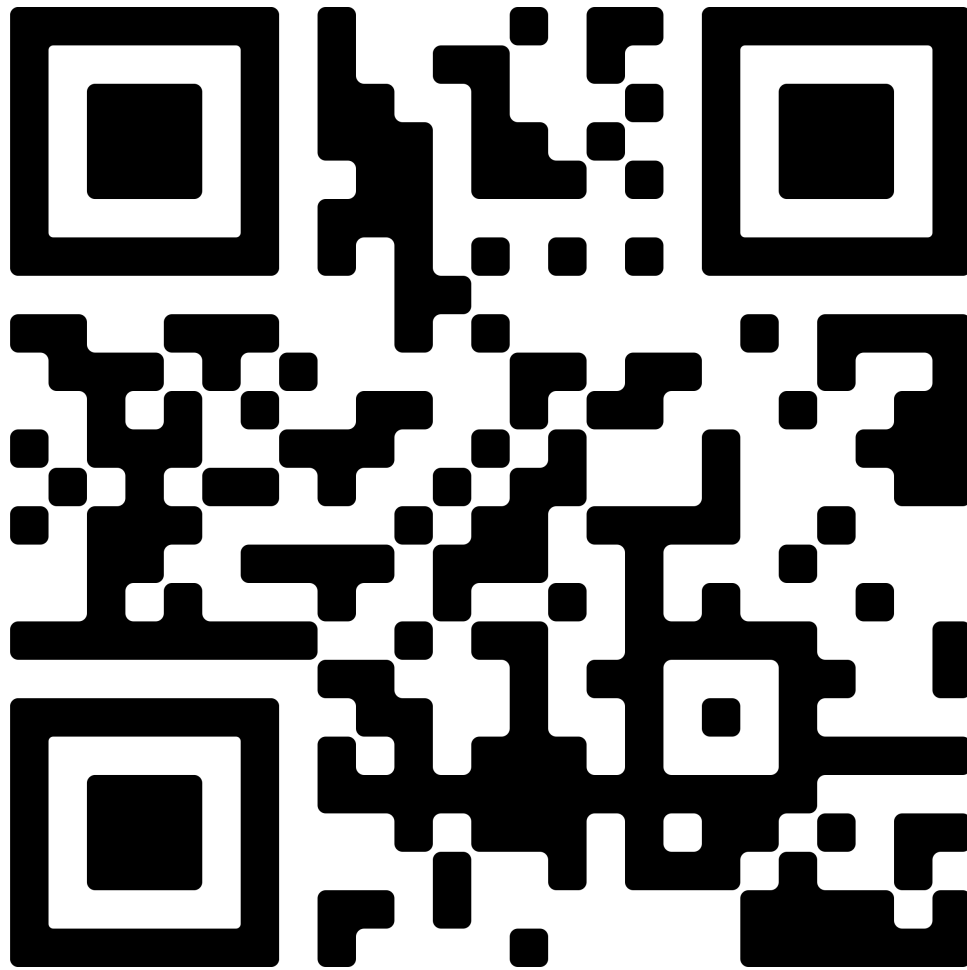
Join us as we remember a year of successes in addressing issues of affordable housing, environmental justice, healthcare access, education, and policing.

Also, a mobile unit from Fetter Healthcare Network will be on display

May 20
6:30 p.m.

Mount Moriah Missionary Baptist
Church

[Register Here](#) for the Celebration! You may also scan the QR Code below!



What: Education Steering Committee Meeting

When: May 2, 6-7 p.m.

Where: Zoom

What: Environmental Justice Full Committee Meeting

When: May 9, 6:00 p.m. - 7 p.m.

Where: Zoom



What: Charleston County School Board Meeting

When: May 20, 5:15 p.m.

Where: 75 Calhoun St., Charleston
Want to make public comment? [Let us know here.](#)



What: Policing Full Committee Meeting

When: May 21, 6:00 p.m. - 7 p.m.

Where: Zoom



Community Events



Announcements

By Betty Niermann:

I am a member of the Board for African Education Outreach (AEO). This year is the 10th anniversary of AEO which was founded by Father John Bosco Ikemeh (recently appointed Administrator of St. Patrick Catholic Church in Charleston) to build a school for students in Abakaliki, Nigeria.

In celebration of the anniversary we are having a concert at Bishop England High School on May 4 to raise funds for the school. Please support.



An Evening with Charlton Singleton

to Benefit African
Education Outreach



Live at Bishop England High School
Performing Arts Center



4 May, 2024 | Doors open at 6
Concert begins at 7/ Bar open 6-7

Event Sponsored by
Joseph Bartone

2 Time
Grammy
Winning
Musician



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CAJM
PO Box 71416
North Charleston, SC 29415

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